## Facilitate training with impact



## **Overview**

These days we are so much better at understanding that people learn new skills in a variety of ways. People like to be inspired and motivated and want a training experience with lasting results in their ability to perform or understand a new task. Delivering training requires a lot more than standing in front of an audience and imparting information. Training should excite people, engage people and involve people. Furthermore, training should lead to actual change in behaviours and abilitiles, giving organisations greater return for their investment,

This facilitate training with impact course will build your confidence to perform and present an excellent training session, using accelerated learning methods and your own presence. In this very practical and fun course, we develop the creative and sociable behaviours required of facilitators.

## **Course outline**

- First impressions: explore how to capture your audience and draw them towards you
- Lifting the energy: develop techniques to create and implement icebreakers and energisers
- Your mindset: your approach and attitude towards developing and empowering people
- Your presence: improve your voice and body language to improve your ability to influence
- Keeping people engaged: explore participative and experiential training techniques and tools to motivate learners and improve retention of learning
- Nurture and grow: develop coaching techniques to assist learners in acquiring new skills and knowledge
- Promoting thinking: explore how to keep the brain engaged when lecturing
- Visual stimulation: stepping into the 21st century with high quality and pleasing imagery
- Training as a performance: improve your confidence to perform and facilitate engaging and memorable training
- Learn in the moment: practice facilitating a training session.

## **Outcomes**

- Ability to facilitate interesting, engaging, memorable, and valuable training sessions
- Improved confidence to deliver training as a performance, using physicality and voice
- Greater understanding of how people learn and how to captivate an audience
- Increased accountability for your role as an educator
- Ability to create and design activities, role-plays, exercises, energisers, and visual aids to aid the process of learning in the moment
- Improved facilitation of training for lasting change, leading to a greater return on investment.

Duration: 2 days

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**Timings:** 09h00 to 16h00